Hoarding Intervention Training Courses

In partnership with Coventry University and Knowledge Transfer Partnership
Today’s objectives

• Define the four characteristics of Hoarding Disorder under Frost and Hartl’s (1996) definition
• Outline the three main risks that Hoarding Disorder poses to the individual and financial costs
• Describe the research project’s background and the three project stages used in developing the Toolkit and training programmes.
• Specify the Toolkit contents and the two training programmes available
• Conclusion with Q & A
Definition - Frost and Hartl (1996)

• The inability of individuals to dispose of items that may or may not have a meaning to others
• Having rooms at home that are no longer fit for purpose
• The impairment of a person’s functioning (both physical and psychological)
• Excessive acquisition
Hoarding – the risks

Unable to wash up and wash clothes

Risks of trips and falls

Risks of vermin

Cooking and Eating - malnutrition

Risks of fire
Impact of Hoarding on customer

DEATH!
Clearance costs
Mental Health
Hospitalisation
Relationship breakdown
Social isolation
Homelessness
Repairs
Eviction
Financial costs of hoarding on service providers

9 days of work by clearing company (This included fumigation x 2, clearance, deep clean and storage of personal items) £1,746.00
6 missed gas appointments (£30 per visit) £180.00
Costs to NHS - 1 unplanned hospital episode £2,334.00
Cost for care whilst unable to return home - 20 weeks within residential home (£436.00 per week) £8,720.00

Total cost of hoarding £12,980.00

This equates to 1,081 support worker hours
That is 6 months of continuous work – you may have cleared this quicker and for less!
Why Develop a Toolkit?

Crisis support service identified need

- Clients being supported for years
- Re-referrals with same problems
- Rising cost for ‘clear-outs’ and repairs
- Neglect

Aims of the project

- Address environmental issues
- Promote healthy living and address social isolation
- Increase knowledge of hoarding
Stages of development

A two-year KTP programme. The stages included:

• Literature review of the evidence base with regards to the effectiveness of interventions to address hoarding behaviours
• Evaluation of the existing service delivery at Orbit Care and Repair that included interviews with staff, service users and external organisations
• The applications of the principles and approaches gained from literature review and service evaluation with people who compulsively hoard

Input received from:

• Local Advisory Group
• “YClutterbug” self-help group
Toolkit contents

- Six case studies
  - Various stages of hoarding
- Assessments
  - Specific hoarding assessments
- Interventions
  - Person-centred, hoarding specific, intervention plans
  - Motivation Techniques
  - Methods of measuring progress
- Preventing relapse

The Toolkit also includes:
- Information on multi-agency working and signposting
- Techniques for developing egalitarian therapeutic relationships
- Setting up self-help/support groups
- Legal section (still under development)
- Impact of compulsive hoarding
Hoard­ing in­ter­ven­tion and pre­ven­tion – Tool­kit use in prac­tice

Ben­efits:

• Empowers cus­tomers to ad­dress their hoarding be­ha­viours and im­pro­ve their long term qual­ity of life
• Reduces the so­cial is­o­lation ex­pe­ri­enced by cus­tomers with hoarding ten­den­cies and their fa­mil­ies
• Reduces the risks to in­di­vidu­als liv­ing in or near the prop­erty
• Reduces the eco­nomic impact on ser­vice pro­viders

Or­bit of­fer two train­ing pro­gram­mes!
Compulsive Hoarding Frontline Workers’ Training – WITH Toolkit!

An interactive full day session designed for professionals who have a supportive working relationship with the client. This may include (but is not limited to):

- Support Workers
- Case Workers
- Occupational Therapists
Awareness Raising Training

**An interactive half day session**
designed for professionals who work with, or may come into contact with, a Resident or Customer that Compulsively Hoards but does not hold a supportive working relationship with the Customer.

This may include (but is not limited to):
- Housing Officers
- Technical Officers
- Maintenance Inspectors
- Handy Persons

**Half day**
£75 per delegate
Includes: hand-outs, venue and refreshments (excl. VAT)

Delivered in-house
£600 (excl. VAT)
10 delegates
• Compulsive hoarding is a debilitating condition that poses great risk to individuals.

• The Frontline Worker’s Toolkit and training programme was developed to reduce this impact and improve the long term quality of life of client

• Two training programmes are available
  • Full day with Toolkit
  • Half day Awareness Raising
Contact

• Call 02476 437059 or 07500 847580

• Email: samantha.richardson@orbit.org.uk

• Website: www.compulsivehoardingproject.com

• Twitter: @OrbitHoardingPR
References
