

# Effective Change Through People Movement

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#### **Purpose of the Session**



The purpose of our presentation is about **exploring** why change is **important** and how **people movement** is key to **enabling** this happens, so that the **transformation** that emerges is **sustainable**, from an individual, team and organisational perspective

#### Icebreaker - People Bingo

#### Rules:

- 1. Consent is given by participation
- 2. Each Player must sign the card
- 3. Individuals must work around the room to fill the card
- 4. 1st person to complete the card **WINS**



#### **Exercise 1– Russian Doll**

- Why change is important
- What makes change effective
- What makes change ineffective
- What can you do in your role make things better

# A Day in the life of Change Agent



#### The Power of People









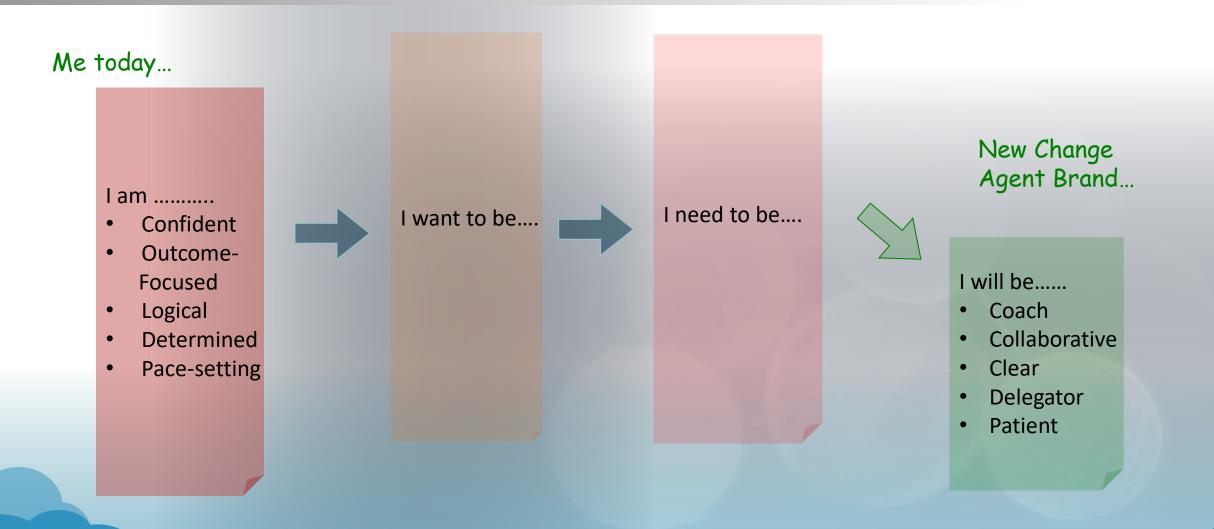
66 Your falení defermines what you can do. Your motivation defermines you are willing to do. Your attitude determines you do if ??

The Fresh Quotes

#### **People Movement – What is it?**

- See the Change you want to see Be Dynamic and Brave
- Feel the Fear and do it anyway
- Embrace and Be the Change Role Model
- Remember to celebrate bite size chunks = Sustainable Habit Shift
- Experimental Practice (Prototype) = Continuous Learning
- Voice and Visibility Listen, Respect, Action
- Create Lasting Relationships

#### Being a Change Agent – Self Analysis



# **Model for Winners – Self Analysis**

Adaptable	Agile	Agreeable	Analytical	Approachable	Assertive	Attentive
Benevolent	Bold	Bright	Calm	Caring	Charismatic	Clever
Collaborative	Committed	Compassionate	Content	Concerned	Confident	Confirmative
Conscientious	Curious	Decisive	Dedicated	Deliberate	Dependable	Determined
Diplomatic	Disciplined	Driven	Easy-going	Efficient	Emotional	Energetic
Enthusiastic	Flexible	Focussed	Forgiving	Friendly	Fun-loving	Listener
Нарру	Honest	Hopeful	Humble	Independent	Innovative	Insightful
Inspired	Intelligent	Inventive	Kind	Knowledgeable	Lively	Logical
Loyal	Nurturing	Optimistic	Organised	Outgoing	Passionate	Patient
Peaceful	Pensive	Persistent	Personal	Playful	Pleasant	Polite
Positive	Pragmatic	Prepared	Proactive	Productive	Quality-focussed	Reality-based
Respectful	Responsible	Responsive	Results- focussed	Satisfied	Savvy	Self-confident
Selfless	Sensitive	Service- orientated	Sincere	Sociable	Straightforward	Thorough
Thoughtful	Tireless	Tolerant	Trusting	Trustworthy	Unyielding	Values-driven

# Key Skills of a Change Agent



#### **Next Steps: Realisation**



# **Food for Thought**

You have BRAINS in your HEAD. You have FEET in your SHOES. You can STEER yourself in any DIRECTION you CHOOSE. - Dr. Seuss

#### **Any Questions:**

# Thanks for listening

Please let us know if you require any additional information, support or sweets ©

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