



# **HDN Mentoring Programme**

## **Class Three**

### **Challenges and Opportunities**


**Sue Waterall**

# Groundrules

This is really the time to:

- Lean in ... reach out ... embrace ....
- Keep asking questions
- Engage with guest speakers
- Be open to learning
- And have fun!

# Agenda

- Mentoring experiences
  - National Conference 2019
  - Getting it Right – Lyn Bowker, EDI Manager
  - Individual presentations – yay!
  - 7 steps to confidence
  - The challenge of networking
  - Teambuilding game
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# Mentoring experiences

- Progress of 1:1s – regularity, quality, thoughts
- Success stories – from tiny to big
- Things you have learnt about yourself, the housing sector, others, the future, life!

# National Conference 2019

Thurs 20th June – Think Tank Birmingham



Let's put the  
north on the map  
.....volunteers?!



# Presenting at the conference

“My advice for the national conference is to **just go for it!** Put yourself out there and volunteer to present!

Everyone at the conference is willing everyone else to do well. It’s such a supportive atmosphere and there was great buzz in the room on the day.

To be able to say you have presented to 200 people at a national conference is a big confidence boost personally - but also an added bonus for future job interviews”.

**Sophie Heneghan, Riverside**

“We were all given the opportunity to present at the conference.

I was **SO** glad I took part! It was a great opportunity and it’s not the sort of opportunity you often get!

Several of the group said afterwards that they really wished they had done it too.

To me, it felt like it was the whole point of the course”.

**Donna Stringer, Riverside**

# Please welcome:

Lyn Bowker

Equality & Diversity Manager



# Individual Presentations

- Joanne Mitchell
- Kirsty Rothwell
- Sue Fairley
- Julie Burrow





# Presentations:

## Delivering or observing, what did we learn?



# 7 steps to confidence

Remind yourself of  
courageous decisions

Give yourself permission  
to take a risk

Move away from  
people who drain you

Minimise self doubt –  
talk nicely to yourself

Surround yourself  
with support

Get in touch with your inner  
child – find curiosity and fun

Define yourself positively and  
choose your own image



# Networking



# What is networking?

- Friendly, mutually supportive relationships
- Helping a colleague learn
- Sharing experiences and opportunities
- Enriching one another's lives
- It's a conversation not a sales pitch
- You don't have to be an extravert
- Listen, talk, listen, LinkIn, ask, tell, chat ...

# Everyone in this room is valuable!

All these colleagues could help you with:

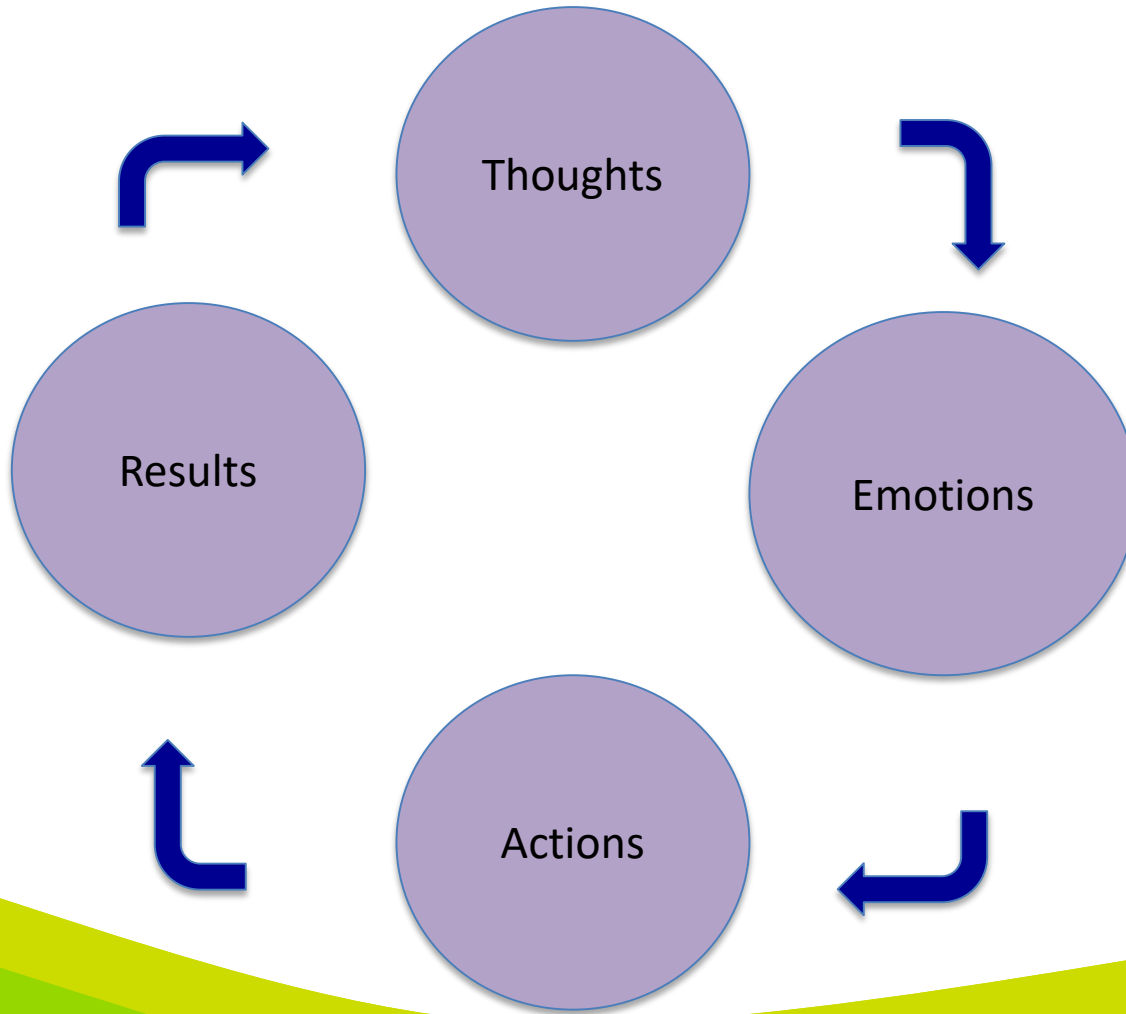
- Where you might want to work in the future
- Understanding a different kind of job
- A new qualification or training course
- Introductions to someone else
- Finding new opportunities
- A short job shadow
- Being a buddy
- A site visit to somewhere new
- A neighbourhood project

# Ask yourself

Apart from your work colleagues:

- Who else do you know in this room?
- By name?
- By organisation?
- By job role?
- By a passion or interest they have?
- By a project they've worked on?

# T.E.A.R. Model



# Teambuilding





# Class 4 and National Conference

## **Class 4**

**Date:** Wednesday 15th May 2019

**Time:** 09.45 - 3.45

**Venue:** Riverside Housing, 2 Estuary Blvd, Estuary Commerce Park,  
Speke, Liverpool L24 8RF

## **National Mentoring Conference**

**Date:** Thurs 20th June 2019

**Venue:** Think Tank, Science Museum,  
Millennium Point Birmingham B4 7XG.

