



## **CMI Level 5 Award in Coaching and Mentoring**

**We believe that building a culture of diversity and inclusion goes hand in hand with a strong coaching and mentoring culture. We are partnering with Whole Spectrum to offer this course which builds on our existing successful board excellence and staff mentoring programmes.**

**Whole Spectrum have a long track record of delivering coaching and mentoring qualifications within the social housing sector.**

**This programme has a focus on diversity and inclusion and can both support professional growth, organisational development and meet wider diversity goals.**

### *Who is the programme suitable for?*

- *Existing mentors on HDN's programmes who wish to formalise their learning*
- *Graduates from these programmes who want to build upon their experience*
- *Managers who wish to develop their coaching and mentoring skills to equip themselves to work in an inclusive environment*

*The programme can also be part of projects to increase the diversity of management and leadership roles in organisations.*

### **Course Information**

The CMI Level 5 Award in Management Coaching and Mentoring is designed to support managers to develop management coaching and mentoring skills and to identify meaningful links between coaching, mentoring and the achievement of business goals. It provides a thorough grounding in the theory and practice of coaching and mentoring.

We teach this qualification in a business-oriented way, ensuring participants learn from first-hand coaching experience, as well as through taught material and written assignments. We include a level of required coaching practice and reflective review so that the Award is made up of three different elements:

- Attendance at six workshop sessions
- 10 hours supervised coaching and mentoring practice
- A 3000 - 3500 word written assignment from a choice of six units
- A 1000 - 1500 word reflective review and a personal development plan (PDP)



## CMI Level 5 Award in Coaching and Mentoring

Level 5 covers practical skills and competencies that are rated in academic terms as being comparable to Foundation Degrees and Higher National Diplomas (HND). There is an expectation that participants will have the required academic and intellectual capabilities to write assignments at these levels.

The course will have equality, diversity and inclusion as a theme running through the programme, enabling participants to take on the challenges presented in the changing workplace.

### Supervision

The Association of Coaching (AoC) recommends that coaches receive one hour of supervision for every 30 hours coaching. We know that trainees benefit from a greater level of supervision. Therefore, a group and individual phone supervision session are included within the programme.

### Assignment Support

We offer flexible, 1-2-1 assignment support throughout the course. Most people appreciate this approach and find that checking in 'little and often' is the most helpful way to get assignments done!

### Course Tutors

The course tutors will be Georgia Parker, Chris Wood, Raj Patel and Mushtaq Khan.

### Programme Timetable

Date	Activity
Month 1 Half day, 10am –1pm	<b>Launch and Induction Session</b>
Month 2	<b>Workshop 1</b> Coaching and Mentoring 'Basics'
Month 3	<b>Workshop 2</b> The Coaching and Mentoring Cycle
Month 4	<b>Workshop 3</b> Professionalism and Ethics
Month 5	<b>Workshop 4</b> Relationships, values and styles



## CMI Level 5 Award in Coaching and Mentoring

Month 6 Half day, 10am – 1pm	<b>Workshop 5</b> Group Supervision
Month 12	<b>Submit assignment, reflective review and PDP</b>

Workshops (unless specified) run from 10am to 5pm, with a break mid-morning and mid-afternoon and 45 minutes for lunch.

### How to Apply

Get in touch to request an application form (email [mushtaq@housingdiversitynetwork.co.uk](mailto:mushtaq@housingdiversitynetwork.co.uk))

Your application will then be assessed and you will be notified of the outcome by email. If you are offered a place, you will then receive instructions as to the next steps.

Please note that places are limited and on a first-come first-served basis. This course is in high demand so we advise you to apply early, and certainly by Monday 5<sup>th</sup> August 2019.

### Costs and payment

The cost for the Level 5 Award is £1950 plus VAT which includes CMI registration, administration fees and all materials. We are happy to agree a payment plan with you should this assist you in attending.