**What support structures do I have/need to help make this a reality?**

**What barriers may I need to overcome?**

**What strengths do I have that will help me achieve this?**

**What has stopped me getting there already?**

**What immediate benefits does achieving this bring?**

**What inner mind games do I play?**

**My reason for being here…**

**How does this help me achieve my long term career ambitions?**