

Opening Coaching Questions

Here are some questions to support you in your coaching, exploration and feedback conversations:

- What did you learn?
- What's your thinking behind.....
- Tell me more about.....
- I'm curious to understand more about that?
- What if.....
- How about we try.....
- What could you have done differently?
- How did you feel at that time?
- Would you do anything different in the future?
- What advice would you give to others in the same position?