

## HDN 2022/23 Staff Mentoring Programme

### Workshop Dates – Winter Cohort

\*\* Please note you must **register in advance** for all online workshops. Once registered, you will receive a confirmation email from Zoom, containing the joining link.

#### Catch-up workshops:

Workshop Title	Date & Time	Registration link
<b>Information and PushFar</b>	Thursday 15 <sup>th</sup> December 10am – 11am	Zoom, register <a href="#">here</a>
<b>Briefing Session</b>	Tuesday 10 <sup>th</sup> January 10am – 12.30pm	Zoom, register <a href="#">here</a>
<b>Workshop 1</b>	Thursday 12 <sup>th</sup> January 10am – 12.30pm	Zoom, register <a href="#">here</a>
<b>Mentor Skills (Mentors only)</b>	Wednesday 25 <sup>th</sup> January 10am – 12.30pm	Zoom, register <a href="#">here</a>

Once participants of the winter cohort had their catch-up sessions, they will join the main cohort for the rest of the workshops, there are two options for each session for participant to choose from:

	<b>Option 1</b>	<b>Option 2</b>
<b>Workshop 2</b>	11 <sup>th</sup> January 2023 10 am – 12.30pm Register <a href="#">here</a>	20 <sup>th</sup> January 2023 1 – 3.30 pm Register <a href="#">here</a>
<b>Mentor Action Learning Set (Mentors only)</b>	2 <sup>nd</sup> February 2023 10 am – 12.30 pm Register <a href="#">here</a>	7 <sup>th</sup> February 2023 1 – 3.30 pm Register <a href="#">here</a>
<b>Workshop 3</b>	14 <sup>th</sup> March 2023 10 am – 12.30 pm Register <a href="#">here</a>	17 <sup>th</sup> March 2023 1 – 3.30 pm Register <a href="#">here</a>

<b>Workshop 4</b>	4 <sup>th</sup> May 2023 10 am -12.30 pm Register <a href="#">here</a>	9 <sup>th</sup> May 2023 1 – 3.30 pm Register <a href="#">here</a>
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### Additional workshops

<b>Workshop Title</b>	<b>Date &amp; Time</b>	<b>Link to Register</b>
<b>Strengthscope Introduction</b>	21 <sup>st</sup> March 2023 10am – 12.30 pm	Zoom, register <a href="#">here</a>
<b>Being Authentic</b>	16 <sup>th</sup> January 2023 10 am – 12.30 pm	Zoom, register <a href="#">here</a>
<b>Assertiveness and Assertive Behaviour</b>	9 <sup>th</sup> February 2023 10 am – 3 pm	Zoom, register <a href="#">here</a>