

Taking control of your career

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Your Housing Group



► 1. Have a clear picture of what your career goals are

It's hard to know how to get where you want to go if you don't know where you're going.

Goals will likely change over your career, but if you stay focused on your future path, you'll still be moving in the right direction—forward.





► 2. Have an honest conversation with your Manager

Address your career goals with your Manager and ask for feedback on your performance. Remember, Manager's can't read your mind.

If your Manager doesn't approach you or have an annual review where you have the opportunity to discuss your goals and performance with him/her, then schedule a time to do so.

Without this type of conversation, they won't know what you're thinking, and vice versa.

► 3. Take action

Work on completing your goals

If you're given feedback by your Manager that provides areas of improvement, ask for a development plan and take action while continuing to focus on the positives.





► 4. Opportunities

Lean in and take a risk

If a project, task force, etc. comes up at work and you think you'd be perfect for it, or it would be a great learning experience for you, then ask to be a part of it! Doing so shows initiative, your areas of interest, and gives you the opportunity to prove yourself.

► 5. Learn and develop

Read, read, read (or listen to educational CDs if you're not a reader). Also, take advantage of educational reimbursement, training programs, and courses supported by your employer.

TED Talks

**INSIDE
HOUSING**



The Twitter logo, featuring the word "twitter" in a white, lowercase, sans-serif font next to a white silhouette of a bird in flight, all set against a solid blue square background.The LinkedIn logo, consisting of the word "Linked" in a black, sans-serif font followed by the word "in" in a white, sans-serif font inside a blue square.

► 6. Network

Network with everyone, with professionals at work, at networking events and professional organisations. Get on social media LinkedIn follow colleagues in your area and wider groups



IMPOSTOR SYNDROME

Also known as impostor phenomenon or fraud syndrome.

Impostor Syndrome:

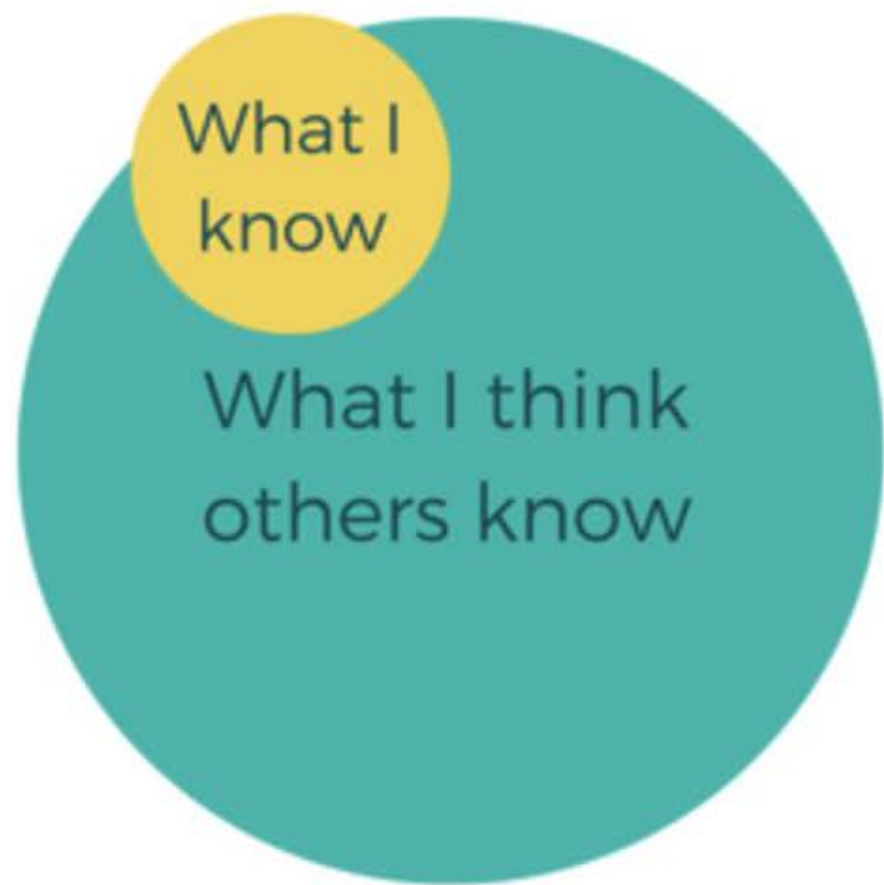
High-achieving individuals are marked by an inability to internalize their accomplishments and a persistent fear of being exposed as a "fraud"...sound familiar?



Remember this:
Your **LITTLE MESSAGE** is an important piece of the **BIG PUZZLE!**

The Imposter Syndrome

Assumption



Reality

